

**IELTS Shiner**  
Online Academy



# 504

## **Absolutely Essential Words**

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## Lesson 1

1. **Abandon:** desert; leave without planning to come back; quit ترک کردن
2. **Keen:** sharp; eager; intense; sensitive تیز، مشتاق، شدید، حساس
3. **Jealous:** afraid that the one you love might prefer someone else; wanting what someone else has حسود
4. **Tact:** ability to say the right thing تدبیر، مهارت، کاردانی
5. **Oath:** a promise that something is true; a curse قسم، نفرین
6. **Vacant:** empty; not filled خالی
7. **Hardship:** something that is hard to bear; difficulty سختی، مشکل
8. **Galant:** brave; showing respect for women شجاع، مؤدب در حضور خانم ها
9. **Data:** facts; information اطلاعات، یافته ها
10. **Unaccustomed:** not used to something عادت نکرده
11. **Bachelor:** a man who has not married شخص مجرد
12. **Qualify:** become fit; show that you are able شایستگی پیدا کردن، واجد شرایط بودن

## Lesson 2

1. **Corpse:** a dead body, usually of a person جسد
2. **Conceal:** hide پنهان کردن
3. **Dismal:** dark and depressing گرفته، افسرده
4. **Frigid:** very cold یخ، سرد
5. **Inhabit:** live in زندگی کردن در، اقامت کردن
6. **Numb:** without the power of feeling; deadened بی حس
7. **Peril:** danger خطر
8. **Recline:** lie down; stretch out; lean back دراز کشیدن
9. **Shriek:** scream جیغ کشیدن
10. **Sinister:** evil; wicked; dishonest; frightening پلید
11. **Tempt:** try to get someone to do something; test; invite وسوسه کردن، اغواء کردن
12. **Wager:** bet شرط



## Lesson 3

1. **Typical:** usual; of a kind نمونه، الگو
2. **Minimum:** the least possible amount; the lowest amount حداقل
3. **Scarce:** hard to get; rare کمیاب
4. **Annual:** once a year; something that appears yearly or lasts for a year سالانه
5. **Persuade:** win over to do or believe; make willing متقاعد کردن
6. **Essential:** necessary; very important لازم، ضروری
7. **Blend:** mix together thoroughly; a mixture مخلوط کردن
8. **Visible:** able to be seen قابل رویت
9. **Expensive:** costly; high-priced گران
10. **Talent:** natural ability استعداد
11. **Devise:** think out; plan; invent طراحی کردن
12. **Wholesale:** in large quantity; less than retail in price عمده فروشی

## Lesson 4

1. **Vapor:** moisture in the air that can be seen; fog; mist بخار
2. **Eliminate:** get rid of; remove; omit رفع کردن، حذف کردن، پاک کردن
3. **Villain:** a very wicked person شرور، طبهکار
4. **Dense:** closely packed together; thick انبوه، غلیظ
5. **Utilize:** make use of استفاده کردن
6. **Humid:** moist; damp مرطوب
7. **Theory:** explanation based on thought, observation, or reasoning تئوری، فرضیه
8. **Descend:** go or come down from a higher place to a lower level پایین آمدن، فرود آمدن
9. **Circulate:** go around; go from place to place or person to person چرخیدن، منتشر کردن
10. **Enormous:** extremely large; huge عظیم
11. **Predict:** tell beforehand پیش بینی کردن
12. **Vanish:** disappear; disappear suddenly ناپدید شدن



## Lesson 5

1. **Tradition:** beliefs, opinions, and customs handed down from one generation to another سنت، رسم
2. **Rural:** in the country روستایی
3. **Burden:** what is carried; a load بار
4. **Campus:** grounds of a college, university, or school محوطه دانشگاه یا مدرسه
5. **Majority:** the larger number; greater part; more than half اکثریت، اکثر half
6. **Assemble:** gather together; bring together جمع کردن
7. **Explore:** go over carefully; look into closely; examine کاوش کردن، با دقت بررسی کردن
8. **Topic:** subject that people think, write, or talk about عنوان
9. **Debate:** a discussion in which reasons for and against something are brought out بحث
10. **Evade:** get away from by trickery or cleverness طفره رفتن، شانه خالی کردن
11. **Probe:** search into; examine thoroughly; investigate تحقیق کردن، بررسی کردن
12. **Reform:** make better; improve by removing faults اصلاحات انجام دادن، اصلاح کردن

## Lesson 6

1. **Approach:** come near or nearer to نزدیک یا نزدیکتر شدن
2. **Detect:** find out; discover یافتن، کشف کردن
3. **Defect:** fault; that which is wrong نقص
4. **Employee:** a person who works for pay کارمند
5. **Neglect:** give too little care or attention to غفلت کردن
6. **Deceive:** make someone believe as true something that is false; mislead گول زدن، گمراه کردن
7. **Undoubtedly:** certainly; beyond doubt حتما، بدون شک
8. **Popular:** liked by most people محبوب
9. **Thorough:** being all that is needed; complete کامل
10. **Client:** person for whom a lawyer acts; customer موکل، مشتری
11. **Comprehensive:** including much; covering completely جامع، کامل
12. **Defraud:** take money, rights, etc., away by cheating گول زدن، کلاهبرداری



## Lesson 7

1. **Postpone:** put off to a later time; delay به تعویق انداختن
2. **Consent:** agree; give permission or approval موافقت کردن، رضایت دادن
3. **Massive:** big and heavy; large and solid; bulky غول پیکر، بزرگ، سنگین، حجیم
4. **Capsule:** a small case or covering کپسول
5. **Preserve:** keep from harm or change; keep safe; protect حفظ کردن، محافظت کردن
6. **Denounce:** condemn in public; express strong disapproval of محکوم کردن، تقبیح کردن
7. **Unique:** having no like or equal; being the only one of its kind بی نظیر
8. **Torrent:** any violent, rushing stream; flood طغیان آب
9. **Resent:** feel injured and angered at (something) رنجیدن
10. **Molest:** interfere with and trouble; disturb مزاحم شدن
11. **Gloomy:** dark; dim; in low spirits تیره، غم گرفته
12. **Unforeseen:** not known beforehand; unexpected پیش بینی نشده، غیرمنتظره

## Lesson 8

1. **Exaggerate:** make something greater than it is; overstate مبالغه کردن
2. **Amateur:** person who does something for pleasure, not for money or as a profession آماتور، غیر حرفه ای
3. **Mediocre:** neither good nor bad; average; ordinary معمولی، متوسط
4. **Variety:** lack of sameness; a number of different things مختلف، متعدد
5. **Valid:** supported by facts or authority; sound; true معتبر
6. **Survive:** live longer than; remain alive after زنده ماندن، نجات پیدا کردن
7. **Weird:** mysterious; unearthly عجیب و غریب
8. **Prominent:** well-known; important برجسته، مشهور
9. **Security:** freedom from danger, care, or fear; feeling or condition of being safe امنیت
10. **Bulky:** taking up much space; large حجیم
11. **Reluctant:** unwilling بی میل، ناراضی
12. **Obvious:** easily seen or understood; clear to the eye or mind; not to be doubted; plain واضح، آشکار



## Lesson 9

1. **Vicinity:** region near a place; neighborhood مجاور، همسایگی
2. **Century:** 100 years قرن
3. **Rage:** violent anger; something that arouses intense but brief enthusiasm خشم، غضب
4. **Document:** something handwritten or printed that gives information or proof of some fact سند، مدرک
5. **Conclude:** end; finish; decide به اتمام رساندن، تصمیم گرفتن
6. **Undeniable:** not to be denied; cannot be questioned غیرقابل انکار
7. **Resist:** act against; strive against; oppose مقاومت کردن
8. **Lack:** be entirely without something; have not enough نداشتن، عدم، فقدان
9. **Ignore:** pay no attention to; disregard نادیده گرفتن
10. **Challenge:** call to a fight به مبارزه طلبیدن
11. **Miniature:** represented on a small scale مینیاتوری، در ابعاد کوچک
12. **Source:** place from which something comes or is obtained منبع

## Lesson 10

1. **Excel:** be better than; do better than برتری داشتن
2. **Feminine:** of women or girls زنانه
3. **Mount:** get up on سوار شدن، بالا رفتن
4. **Compete:** try hard to get something wanted by others; be a rival رقابت کردن
5. **Dread:** look forward to with fear; fear greatly; causing great fear ترسیدن
6. **Masculine:** of man; male مردانه
7. **Menace:** threat تهدید
8. **Tendency:** leaning; movement in a certain direction تمایل
9. **Underestimate:** set too low a value, amount, or rate دست کم گرفتن، کم تخمین زدن
10. **Victorious:** having won a victory; conquering پیروز
11. **Numerous:** very many; several متعدد
12. **Flexible:** easily bent; willing to yield انعطاف پذیر، نرم



## Lesson 11

1. **Evidence:** that which makes clear the truth or falsehood of something شواهد، گواه، مدرک
2. **Solitary:** alone; single; only تنها، فقط
3. **Vision:** power of seeing; sense of sight بینایی، دید
4. **Frequent:** happening often; occurring repeatedly مکرر،  
همیشگی
5. **Glimpse:** a short, quick view نگاه اجمالی
6. **Recent:** done, made, or occurring not long ago جدید،  
اخیر
7. **Decade:** ten years دهه، ده سال
8. **Hesitate:** fail to act quickly; be undecided درنگ کردن،  
مردد بودن
9. **Absurd:** plainly not true or Sensible; foolish بوج،  
احمقانه
10. **Conflict:** direct opposition; disagreement کشمکش
11. **Minority:** smaller number or part; less than half اقلیت
12. **Fiction:** that which is imagined or made up داستان، قصه

## Lesson 12

1. **Ignite:** set on fire مشتعل کردن
2. **Abolish:** do away with completely; put an end to لغو  
کردن
3. **Urban:** of or having to do with cities or towns شهری
4. **Population:** people of a city or country جمعیت
5. **Frank:** free in expressing one's real thoughts, opinions, or feelings; not hiding what is in one's mind رک، صریح
6. **Pollute:** make dirty آلوده کردن
7. **Reveal:** make known آشکار کردن
8. **Prohibit:** forbid by law or authority ممنوع کردن
9. **Urgent:** demanding immediate action or attention; important ضروری، فوری
10. **Adequate:** as much as is needed; fully sufficient کافی
11. **Decrease:** make or become less کاهش دادن
12. **Audible:** able to be heard قابل شنیدن



## Lesson 13

1. **Journalist:** one who writes for, edits, manages, or produces a newspaper or magazine روزنامه نگار
2. **Famine:** starvation; great shortage گرسنگی، فحطی
3. **Revive:** bring back or come back to life or consciousness احیاء کردن، به هوش آمدن
4. **Commence:** begin; start شروع کردن
5. **Observant:** quick to notice; watchful مراقب، هوشیار
6. **Identify:** recognize as being, or show to be, a certain person or thing; prove to be the same به جا آوردن، شناختن
7. **Migrate:** move from one place to another مهاجرت کردن
8. **Vessel:** a ship; a hollow container; tube containing body fluid کشتی، شناور، رگ
9. **Persist:** continue firmly; refuse to stop or be changed سماجت کردن، پافشاری کردن
10. **Hazy:** misty; smoky; unclear مه آلود، مبهم
11. **Gleam:** a flash or beam of light نور، درخشش، سوسو
12. **Editor:** person who prepares a publication; one who corrects a manuscript and helps to improve it سردبیر، ویراستار

## Lesson 14

1. **Unruly:** hard to rule or control; lawless سرکش، یاغی
2. **Rival:** person who wants and tries to get the same thing as another; one who tries to equal or do better than another رقیب
3. **Violent:** acting or done with strong, rough force شدید، تند
4. **Brutal:** coarse and savage; like a brute; cruel وحشیانه
5. **Opponent:** person who is on the other side of a fight, game, or discussion; person fighting, struggling or speaking against another رقیب
6. **Brawl:** a noisy quarrel or fight جار و جنجال
7. **Duplicate:** an exact copy; make an exact copy of; repeat exactly کپی کردن، تکثیر کردن
8. **Vicious:** evil; wicked; savage بدکار، شرور
9. **Whirling:** turning or swinging round and round; spinning چرخان، گردان
10. **Underdog:** person having the worst of any struggle; one who is expected to lose شکست خورده، تو سری خور
11. **Thrust:** push with force پرتاب کردن
12. **Bewildered:** confused completely; puzzled گیج و منگ





## Lesson 15

1. **Expand:** increase in size; enlarge; swell, گسترش دادن, توسعه دادن
2. **Alter:** make different; change; vary کردن اصلاح دادن, تغییر دادن
3. **Mature:** ripe; fully grown or developed بالغ رسیده, بالغ
4. **Sacred:** worthy of respect; holy مقدس
5. **Revise:** change; alter; bring up to date به روز تغییر دادن, کردن
6. **Pledge:** promise قول
7. **Casual:** happening by chance; not planned or expected; not calling attention to itself اتفاقی, بی خیالی
8. **Pursue:** follow; proceed along دنبال کردن
9. **Unanimous:** in complete agreement متفق القول هم رأی, خوش شانس
10. **Fortunate:** having good luck; lucky خوش شانس, خوشبخت
11. **Pioneer:** one who goes first or prepares a way for others پیشگام
12. **Innovative:** fresh; clever; having new ideas نوین, ابتکاری

## Lesson 16

1. **Slender:** long and thin; limited; slight لاغر, نازک اندام, کم, ناچیز
2. **Surpass:** do better than; be greater than; excel پیشی گرفتن
3. **Vast:** very great; enormous زیاد پهناور, وسیع
4. **Doubt:** not believe; not be sure of; feel uncertain شک, تردید, شک کردن, تردید داشتن
5. **Capacity:** amount of room or space inside; largest amount that can be held by a container ظرفیت
6. **Penetrate:** get into or through نفوذ کردن
7. **Pierce:** go into; go through; penetrate فرو رفتن, نفوذ کردن
8. **Accurate:** exactly right as the result of care or pains دقیق, صحیح
9. **Microscope:** instrument with a lens for making objects larger so that one can see things more clearly میکروسکوپ
10. **Grateful:** feeling gratitude; thankful ممنون, متشکر
11. **Cautious:** very careful; never taking chances محتاط, مطمئن
12. **Confident:** firmly believing; certain; sure مطمئن



## Lesson 17

1. **Appeal:** attraction; interest; to urge جذبہ، علاقہ، درخواست
2. **Addict:** one who cannot break away from a habit or practice معتاد
3. **Wary:** on one's guard against danger or trickery; cautious مواظب
4. **Aware:** knowing; realizing آگاہ
5. **Misfortune:** bad luck بدشانسی، بدبختی
6. **Avoid:** keep away from; keep out of the way of اجتناب کردن
7. **Wretched:** very unsatisfactory; miserable بی نوا، بدبخت
8. **Keg:** small barrel, usually holding less than ten gallons بشکہ، چلیک
9. **Nourish:** make or keep alive and well, with food; feed; develop an attitude غذا دادن، تغذیہ کردن
10. **Harsh:** rough to the touch, taste, eye, or ear; sharp تند، سخت
11. **Quantity:** amount مقدار
12. **Opt:** choose or favor; select انتخاب کردن

## Lesson 18

1. **Tragedy:** a very sad or terrible happening; a sad play تراژدی
2. **Pedestrian:** person who goes on foot; walker عابر، پیاده
3. **Glance:** to look at quickly; a quick look به طور گذرا نگاه کردن
4. **Budget:** estimate of the amount of money that can be spent for different purposes in a given time بودجه، اعتبار
5. **Nimble:** active and sure-footed; quick moving; light and quick چابک، زیرک
6. **Manipulate:** handle or treat skillfully با مهارت استفاده کردن، با دست کار کردن
7. **Reckless:** careless; heedless; wild بی احتیاط
8. **Horrid:** terrible; frightful ترسناک
9. **Rave:** talk wildly جار و جنجال راه انداختن
10. **Economical:** not wasting money or time اقتصادی
11. **Lubricate:** make (machinery) smooth and easy to work by putting on oil, grease, or a similar substance روغن زدن، نرم کردن، گریس کاری کردن
12. **Ingenious:** having great mental ability; clever باهوش، مبتکر، خلاق



## Lesson 19

1. **Harvest:** gathering in of grain or other food crops, درو، برداشت محصول
2. **Abundant:** more than enough; very plentiful فراوان
3. **Uneasy:** restless; disturbed; anxious مضطرب، ناراحت
4. **Calculate:** find out by adding, subtracting, multiplying, or dividing; figure محاسبه کردن
5. **Absorb:** take in or suck up (liquids); interest greatly. جذب کردن، محسور کردن
6. **Estimate:** form a judgment or opinion about; guess تخمین زدن
7. **Morsel:** a small bite; mouthful; tiny amount کم، جزیی
8. **Quota:** share of a total due from or to a particular state, district, person, etc. سهمیه
9. **Threat:** sign or cause of possible evil or harm تهدید
10. **Ban:** prohibit; forbid ممنوع کردن
11. **Panic:** unreasoning fear; fear spreading through a group of people so that they lose control of themselves هراس، وحشت
12. **Appropriate:** fit; set apart for some special use مناسب، مقتضی

## Lesson 20

1. **Emerge:** come out; come up; come into view وارد شدن، پدیدار شدن
2. **Jagged:** with sharp points ~ticking out; unevenly cut or torn دندانه دار، دندانه دندانه
3. **Linger:** stay on; go slowly as if unwilling to leave درنگ کردن، طول دادن
4. **Ambush:** a trap in which soldiers or other enemies hide to make a surprise attack کمین کردن
5. **Crafty:** skillful in deceiving others; sly; tricky مکار، حيله گر
6. **Defiant:** openly resisting; challenging بی اعتنا، مخالف
7. **Vigor:** active strength or force زور، نیرو
8. **Perish:** be destroyed; die هلاک شدن، مردن
9. **Fragile:** easily broken, damaged, or destroyed; delicate شکستنی، آسیب پذیر، ظریف
10. **Captive:** prisoner اسیر
11. **Prosper:** be successful; have good fortune موفق شدن، شانس آوردن
12. **Devour:** eat hungrily; absorb completely; take in greedily بلعیدن



## Lesson 21

1. **Plea:** request; appeal; that which is asked of another تقاضا، خواهش
2. **Weary:** tired خسته، کوفته
3. **Collide:** come together with force به هم خوردن، تصادم
4. **Confirm:** prove to be true or correct; make certain تأیید کردن، مطمئن شدن
5. **Verify:** prove to be true; confirm تأیید کردن
6. **Anticipate:** look forward to; expect پیش بینی کردن، انتظار داشتن
7. **Dilemma:** situation requiring a choice between two evils; a difficult choice دو راهی، وضعیت دشوار
8. **Detour:** a roundabout way انحراف، مسیر انحرافی
9. **Merit:** goodness; worth; value شایستگی، ارزش
10. **Transmit:** send over; pass on; pass along; let through انتقال دادن
11. **Relieve:** make less; make easier; reduce the pain of; replace; release; free کاهش دادن، راحت کردن، تسکین دادن، رها کردن
12. **Baffle:** be too hard to understand or solve گیج کردن

## Lesson 22

1. **Warden:** keeper; guard; person in charge of a prison نگهبان
2. **Acknowledge:** admit to be true تن در دادن پذیرفتن،
3. **Justice:** just conduct; fair dealing عدالت
4. **Delinquent:** an offender; criminal; behind time مقصر، مجرم، غافل
5. **Reject:** refuse to take, use, believe, consider, grant, etc. رد کردن، نپذیرفتن
6. **Deprive:** take away from by force محروم کردن
7. **Spouse:** husband or wife زوج، زن یا شوهر
8. **Vocation:** occupation; business; profession; trade حرفه، شغل
9. **Unstable:** not firmly fixed; easily moved or overthrown ناپایدار
10. **Homicide:** a killing of one human being by another; murder آدم کشی
11. **Penalize:** declare punishable by law or rule; set a penalty for محکوم کردن، جریمه کردن
12. **Beneficiary:** person who receives benefit ذینفع



## Lesson 23

1. **Reptile:** a cold blooded animal that creeps or crawls; snakes, lizards, turtles, alligators, and crocodiles خزنده
2. **Rarely:** seldom; not often ندرتاً، به ندرت
3. **Forbid:** order someone not to do something; make a rule against ممنوع کردن
4. **Logical:** reasonable; reasonably expected منطقی
5. **Exhibit:** display; show نمایش دادن، نشان دادن
6. **Proceed:** go on after having stopped; move forward رهسپار شدن، جلو رفتن، اقدام کردن
7. **Precaution:** measures taken beforehand; foresight پیشگیری، اقدام احتیاطی
8. **Extract:** pull out or draw out, usually with some effort بیرون کشیدن، خلاصه کردن
9. **Prior:** coming before; earlier قبل، پیشین
10. **Embrace:** hug one another; a hug در آغوش گرفتن
11. **Valiant:** brave; courageous دلاور، شجاع
12. **Partial:** not complete; not total جزئی، نسبی، غیرکامل

## Lesson 24

1. **Fierce:** savage; wild وحشی
2. **Detest:** dislike very much; hate متنفر بودن
3. **Sneer:** show scorn or contempt by looks or words; a scornful look or remark نیشخند زدن
4. **Scowl:** look angry by lowering the eyebrows; frown ابرو در هم کشیدن، اخم کردن
5. **Encourage:** give courage to; increase the confidence of تشویق کردن
6. **Consider:** think about in order to decide در نظر گرفتن، تفکر کردن
7. **Vermin:** small animals that are troublesome or destructive; fleas, bedbugs, lice, rats, and mice are vermin جانور یا حشره موذی
8. **Wail:** cry loud and long because of grief or pain شیون کردن، ناله کردن
9. **Symbol:** something that stands for or represents something else علامت، سمبل
10. **Authority:** the right to command or enforce obedience; power delegated to another; an author or volume that may be appealed to in support of an action or belief اقتدار، اختیار
11. **Neutral:** on neither side of a quarrel or war خنثی، بی طرف
12. **Trifle:** a small amount; little bit; something of little value جزئی



## Lesson 25

1. **Architect:** a person who makes plans for buildings and other structures; a maker; a creator مهندس معمار
2. **Matrimony:** married life; ceremony of marriage ازدواج، زناشویی، ازدواج
3. **Baggage:** the trunks and suitcases a person takes when he or she travels; an army's equipment اسباب سفر، تجهیزات نظامی
4. **Squander:** spend foolishly; waste وقت بطلت گذراندن، تلف کردن
5. **Abroad:** outside one's country; going around; far and wide خارج از کشور، رفتن به خارج، وسیع
6. **Fugitive:** a runaway فراری
7. **Calamity:** a great misfortune; serious trouble فاجعه، بلا
8. **Pauper:** a very poor person فقیر، گدا
9. **Envy:** jealousy; the object of jealousy; to feel jealous حسد، حسادت
10. **Collapse:** a breakdown; to fall in; break down; fail suddenly; fold together فرو ریختن، متلاشی شدن، تا کردن
11. **Prosecute:** bring before a court; follow up; carry on تعقیب قانونی کردن
12. **Bigamy:** having two wives or two husbands at the same time دو همسری

## Lesson 26

1. **Possible:** able to be, be done, or happen; able to be true; able to be done or chosen properly ممکن
2. **Compel:** force; get by force مجبور کردن
3. **Awkward:** clumsy; not well-suited to use; not easily managed; embarrassing ناشی، خام، ناجور
4. **Venture:** a daring undertaking; an attempt to make money by taking business risks; to dare; to expose to risk خطر کردن، ریسک کردن
5. **Awesome:** causing or showing great fear, wonder, or respect ترسناک، هیبت انگیز
6. **Guide:** a person who shows the way; to direct; to manage راهنما، هدایت کردن
7. **Quench:** put an end to; drown or put out فرونشاندن، خاموش کردن
8. **Betray:** give away to the enemy; be unfaithful; mislead; show لو دادن، فاش کردن، گمراه کردن، نشان دادن
9. **Utter:** speak; make known; express بیان کردن
10. **Pacify:** make calm; quiet down; bring peace to آرام کردن
11. **Respond:** answer; react پاسخ دادن، عکس العمل نشان دادن
12. **Beckon:** signal by a motion of the hand or head; attract اشاره کردن، جلب کردن





## Lesson 29

1. **Toil:** hard work; to work hard; move with difficulty  
کار دشوار، سخت کار کردن، به سختی حرکت کردن
2. **Blunder:** stupid mistake; to make a stupid mistake; stumble; say clumsily  
اشتباه، اشتباه کردن، سکندری خوردن، با اشتباهی حرف زدن
3. **Daze:** confuse کردن گیج
4. **Mourn:** grieve; feel or show sorrow for  
ماتم گرفتن، سوگواری کردن
5. **Subside:** sink to a lower level; grow less  
فرو نشستن، کاهش یافتن
6. **Maim:** cripple; disable; cause to lose an arm, leg, or other part of the body  
فلج کردن، ناقص کردن
7. **Comprehend:** understand  
درک کردن
8. **Commend:** praise; hand over for safekeeping  
ستودن، سپردن
9. **Final:** coming last; deciding  
نهایی
10. **Exempt:** make free from; freed from  
معاف کردن
11. **Vain:** having too much pride in one's ability, looks, etc.; of no use  
مغرور، تهی
12. **Repetition:** act of doing or saying again  
تکرار

## Lesson 30

1. **Depict:** represent by drawing or painting; describe  
ترسیم کردن، توصیف کردن
2. **Mortal:** sure to die sometime; pertaining to man; deadly; pertaining to or causing death  
فانی، میرا، مرگ آور
3. **Novel:** new; strange; a long story with characters and plot  
جدید، عجیب، رمان
4. **Occupant:** person in possession of a house, office, or position  
ساکن
5. **Appoint:** decide on; set a time or place; choose for a position; equip or furnish  
مقرر کردن، معین کردن، منصوب کردن، مجهز کردن
6. **Quarter:** region; section; (quarters) a place to live; to provide a place to live  
منطقه، بخش، مکان زندگی، جا برای زندگی دادن
7. **Site:** position or place (of anything)  
مکان، جا
8. **Quote:** repeat exactly the words of another or a passage from a book; that is, something that is repeated exactly; give the price of; a quotation  
نقل، نقل قول، قیمت دادن
9. **Verse:** a short division of a chapter in the Bible; a single line or a group of lines of poetry  
سوره، مصرع
10. **Morality:** the right or wrong of an action; virtue; a set of rules or principles of conduct  
اخلاق، اخلاقیات
11. **Roam:** wander; go about with no special plan or aim  
سرگردان بودن
12. **Attract:** draw to oneself; win the attention and liking  
جذب کردن، جلب کردن





## Lesson 31

1. **Commuter:** one who travels regularly, especially over a considerable distance, between home and work  
مسافر روزمره
2. **Confine:** keep in; hold in  
نگهداشتن، محدود کردن
3. **Idle:** not doing anything; not busy; lazy; without any good reason or cause; to waste (time)  
تنبل، وقت گذران
4. **Idol:** a thing, usually an image, that is worshiped; a person or thing that is loved very much  
بت
5. **Jest:** joke; fun; mockery; thing to be laughed at; to joke; poke fun  
جوک، شوخی، مسخره کردن
6. **Patriotic:** loving one's country; showing love and loyal support for one's country  
میهن پرست
7. **Dispute:** disagree; oppose; try to win; a debate or disagreement  
مجادله کردن، گرفتن
8. **Valor:** bravery; courage  
شجاعت
9. **Lunatic:** crazy person; insane; extremely foolish  
دیوانه
10. **Vein:** mood; a blood vessel that carries blood to the heart; a crack or seam in a rock filled with a different mineral  
حالت، رگ، رگه
11. **Uneventful:** without important or striking happenings  
بدون رویداد مهم
12. **Fertile:** bearing seeds or fruit; producing much of anything  
حاصلخیز

## Lesson 32

1. **Refer:** hand over; send, direct, or turn for information, help, or action; (refer to) direct attention to or speak about; assign to or think of as caused by  
ارجاع دادن، اشاره داشتن
2. **Distress:** great pain or sorrow; misfortune; dangerous or difficult situation; to cause pain or make unhappy  
اضطراب، نگران شدن
3. **Diminish:** make or become smaller in size, amount or importance  
کاستن
4. **Maximum:** greatest amount; greatest possible  
حداکثر
5. **Flee:** run away; go quickly  
فرار کردن، به سرعت حرکت کردن
6. **Vulnerable:** capable of being injured; open to attack, sensitive to criticism, influences, etc.  
آسیب پذیر، حساس
7. **Signify:** mean; be a sign of; make known by signs, words, or actions; have importance  
دلالت داشتن، حاکی بودن، معنی دادن
8. **Mythology:** legends or stories that usually attempt to explain something in nature  
اسطوره شناسی
9. **Colleague:** associate; fellow worker  
همکار
10. **Torment:** cause very great pain to; worry or annoy very much; cause of very great pain; very great pain  
شکنجه، زجر
11. **Provide:** to supply; to state as a condition; to prepare for or against some situation  
تأمین کردن، تهیه کردن
12. **Loyalty:** faithfulness to a person, government, idea, custom, or the like  
وفاداری



## Lesson 33

1. **Volunteer:** person who enters any service of his or her own free will; to offer one's services داوطلب، داوطلب شدن
2. **Prejudice:** an opinion formed without taking time and care to judge fairly; to harm or injure تعصب، آسیب رساندن
3. **Shrill:** having a high pitch; high and sharp in sound; piercing صدای بلند و تیز، جیغ، تیز
4. **Jolly:** merry; full of fun خوشحال، بشاش
5. **Witty:** cleverly amusing شوخ، کنایه دار، بذله گو
6. **Hinder:** hold back; make hard to do عقب انداختن، جلوگیری کردن، سخت کردن
7. **Lecture:** speech or planned talk; a scolding; to scold سخنرانی، سرزنش کردن
8. **Abuse:** make bad use of; use wrongly; treat badly; scold very severely; bad or wrong use; bad treatment سوء مصرف، بدرفتاری کردن، سوء استفاده کردن
9. **Mumble:** speak indistinctly من و من کردن
10. **Mute:** silent; unable to speak ساکت، لال
11. **Wad:** small, soft mass; to roll or crush into a small mass توده، گلوله کردن
12. **Retain:** keep; remember; employ by payment of a fee نگهداشتن، به خاطر داشتن، استخدام کردن

## Lesson 34

1. **Candidate:** person who is proposed for some office or honor نامزد، کاندیدا
2. **Precede:** go before; come before; be higher in rank or importance پیشی گرفتن
3. **Adolescent:** growing up to manhood or womanhood; youthful; a person. from about 13 to 22 years of age نوجوان، بالغ
4. **Coeducational:** having to do with educating both sexes in the same school مختلط، پسرانه دخترانه
5. **Radical:** going to the root; fundamental; extreme; person with extreme opinions ریشه ای، بنیادی، افراطی، شخص تندرو
6. **Spontaneous:** of one's own free will; natural; on the spur of the moment; without rehearsal ارادی، طبیعی، فی البداهه
7. **Skim:** remove from the top; move lightly (over); glide along; read hastily or carelessly از سر برداشتن، به سبکی جریان داشتن، به طور سطحی خواندن
8. **Vaccinate:** inoculate with vaccine as a protection against smallpox and other diseases واکسن زدن
9. **Untidy:** not neat; not in order کثیف، بی نظم
10. **Utensil:** container or tool used for practical purposes لوازم، اسباب
11. **Sensitive:** receiving impressions readily; easily affected or influenced; easily hurt or offended حساس
12. **Temperate:** not very hot and not very cold; moderate معتدل



## Lesson 35

1. **Vague:** not definite; not clear; not distinct مبهم
2. **Elevate:** raise; lift up بالا بردن، ارتقاء دادن
3. **Lottery:** a scheme for distributing prizes by lot or chance بخت آزمایی
4. **Finance:** money matters; to provide money for امور مالی، تأمین سرمایه
5. **Obtain:** get; be in use به دست آوردن، معمول بودن
6. **Cinema:** moving picture سینما
7. **Event:** happening; important happening; result or outcome; one item in a program of sports حادثه، نتیجه، رویداد هنری یا ورزشی
8. **Discard:** throw aside دور انداختن، ترک کردن
9. **Soar:** fly upward or at a great height; aspire اوج گرفتن
10. **Subsequent:** later; following; coming after بعدی
11. **Relate:** tell; give an account of; connect in thought or meaning گفتن، شرح دادن، ارتباط دادن
12. **Stationary:** having a fixed station or place; standing still; not moving; not changing in size, number or activity ساکن، بدون تغییر

## Lesson 36

1. **Prompt:** quick; on time; done at once; to cause (someone) to do something; remind (someone) of the words or actions needed سریع، فوری، وادار کردن، یادآوری کردن
2. **Hasty:** quick; hurried; not well thought out سریع، با عجله، با بی فکری
3. **Scorch:** burn slightly; dry up; criticize sharply برشته کردن، خشک کردن، شدیداً انتقاد کردن
4. **Tempest:** violent storm with much wind; a violent disturbance طوفان شدید، ویرانی
5. **Soothe:** quiet; calm; comfort آرام کردن، تسکین دادن
6. **Sympathetic:** having or showing kind feelings toward others; approving; enjoying the same things and getting along well together همدرد، موافق
7. **Redeem:** buy back; pay off; carry out; set free; make up for از رهن در آوردن، انجام دادن، آزاد کردن، جبران کردن
8. **Resume:** begin again; go on; take again دوباره شروع کردن، ادامه دادن، دوباره گرفتن
9. **Harmony:** situation of getting on well together or going well together; sweet or musical sound هماهنگی، موافقت، هارمونی
10. **Refrain:** hold back خودداری کردن
11. **Illegal:** not lawful; against the law غیرقانونی
12. **Narcotic:** drug that produces drowsiness, sleep, dullness, or an insensible condition, and lessens pain by dulling the nerves خواب آور، مسکن



## Lesson 37

1. **Heir:** person who has a right to someone's property after that one dies; person who inherits anything وارث
2. **Majestic:** grand; noble; dignified; kingly باشکوه، شاهانه، شاهوار
3. **Dwindle:** become smaller and smaller; shrink تحلیل رفتن، آب رفتن
4. **Surplus:** amount over and above what is needed; excess, extra مازاد، اضافی
5. **Traitor:** person who betrays his or her country, a friend, duty, etc. خائن
6. **Deliberate:** to consider carefully; intended; done on purpose; slow and careful, as though allowing time to decide what to do سنجیدن، تعمداً انجام دادن، سنجیده، عمدی
7. **Vandal:** person who willfully or ignorantly destroys or damages beautiful things خرابکار
8. **Drought:** long period of dry weather; lack of rain; lack of water; dryness خشکسالی، خشکی
9. **Abide:** accept and follow out; remain faithful to; dwell; endure تاب آوردن، وفادار ماندن، تحمل کردن
10. **Unify:** unite; make or form into one متحد شدن، یکی شدن یا یکی کردن
11. **Summit:** highest point; top اوج، قله
12. **Heed:** give careful attention to; take notice of; careful attention مراعات کردن، توجه کردن، ملاحظه

## Lesson 38

1. **Biography:** the written story of a person's life; the part of literature that consists of biographies بیوگرافی، زندگی نامه
2. **Drench:** wet thoroughly; soak خیس آب کشیده، خیساندن
3. **Swarm:** group of insects flying or moving about together; crowd or great number; to fly or move about in great numbers گروه حشرات با هم، دسته جمعی هجوم بردن
4. **Wobble:** move unsteadily from side to side تلو تلو خوردن
5. **Tumult:** noise; uproar; violent\* disturbance or disorder آشوب، هنگامه، اغتشاش
6. **Kneel:** go down on one's knees; remain on the knees زانو زدن
7. **Dejected:** in low spirits; sad افسرده، محزون، مغموم
8. **Obedient:** doing what one is told.; willing to obey مطیع، فرمانبردار
9. **Recede:** go back; move back; slope backward; withdraw عقب نشستن، عقب نشینی کردن
10. **Tyrant:** cruel or unjust ruler; cruel master; absolute ruler حاکم مستبد، ستمگر
11. **Charity:** generous giving to the poor; institutions for helping the sick, the poor, or the helpless; kindness in judging people's faults صدقه، بنگاه خیریه، لطف
12. **Verdict:** decision of a jury; judgment رأی دادگاه، قضاوت



## Lesson 39

1. **Unearth:** dig up; discover; find out. از زیر خاک درآوردن، کشف کردن، یافتن
2. **Depart:** go away; leave; turn away (from); change; die. عازم شدن، روی برگرداندن، تغییر یافتن، فوت کردن
3. **Coincide:** occupy the same place in space; occupy the same time; correspond exactly; agree. هم زمان بودن، به هم هم برخورد کردن، موافق بودن
4. **Cancel:** cross out; mark so that it cannot be used; wipe out; call off. کنسل کردن، لغو کردن، کسب کردن
5. **Debtor:** person who owes something to another. مقروض
6. **Legible:** able to be read; easy to read; plain and clear. قابل خواندن، روشن و واضح
7. **Placard:** a notice to be posted in a public place; poster. پلاکارد
8. **Contagious:** spreading by contact, easily spreading from one to another. مسری
9. **Clergy:** persons prepared for religious work; clergymen as a group. روحانی
10. **Customary:** usual. رایج
11. **Transparent:** easily seen through; clear. شفاف، روشن
12. **Scald:** pour boiling liquid over; burn with hot liquid or steam; heat almost to the boiling point. آب گرم ریختن، سوزاندن، سوزاندن، سوزاندن

## Lesson 40

1. **Epidemic:** an outbreak of a disease that spreads rapidly so that many people have it at the same time; widespread. مسری، واگیردار
2. **Obesity:** extreme fatness. چاقی مفرط
3. **Magnify:** cause to look larger than it really is; make too much of; go beyond the truth in telling. بزرگتر کردن، اغراق کردن
4. **Chiropractor:** a person who treats ailments by massage and manipulation of the vertebrae and other forms of therapy on the theory that disease results from interference with the normal functioning of the nervous system. ماساژور
5. **Obstacle:** anything that gets in the way or hinders; impediment; obstruction. مانع
6. **Ventilate:** change the air in; purify by fresh air; discuss openly. تهویه کردن، سوالی را برای بحث طرح کردن، اکسیژن رساندن
7. **Jeopardize:** risk; endanger. به خطر انداختن
8. **Negative:** saying no; minus; showing the lights and shadows reversed. پاسخ منفی دادن، علامت منفی، منفی
9. **Pension:** regular payment that is not wages; to make such a payment. مستمری، مستمری پرداختن
10. **Vital:** having to do with life; necessary to life; causing death, failure or ruin; lively. حیاتی، مرگ آور، اساسی، سرزنده
11. **Municipal:** of a city or state; having something to do in the affairs of a city or town. شهری، مربوط به شهرداری
12. **Oral:** spoken; using speech; of the mouth. شفاهی، دهانی



## Lesson 41

1. **Complacent:** pleased with oneself; self-satisfied از خود راضی
2. **Wasp:** an insect with a slender body and powerful sting زنبور بی عسل
3. **Rehabilitate:** restore to good condition; make over in a new form; restore to former standing, rank, reputation, etc. بازسازی، اصلاح یا ترمیم کردن
4. **Parole:** word of honor; conditional freedom; to free (a prisoner) under certain conditions التزام دادن، عفو مشروط گرفتن، قول شرف دادن
5. **Vertical:** straight up and down with reference to the horizon, for example, a vertical line عمودی، ایستاده
6. **Multitude:** a great number; a crowd انبوه، جمعیت
7. **Nominate:** name as a candidate for office; appoint to an office نامزد کردن
8. **Potential:** possibility as opposed to actuality; capability of coming into being or action پتانسیل، استعداد
9. **Morgue:** place where bodies of unknown persons found dead are kept; the reference library of a newspaper سردخانه اجساد، آرشیو office
10. **Preoccupied:** took up all the attention پرمشغله، گرفتار
11. **upholstery:** coverings and cushions for furniture پرده فروشی، پارچه مبلی، رومبلی
12. **indifference:** lack of interest, care, or attention بی تفاوت

## Lesson 42

1. **Maintain:** keep; keep up; carry on; uphold; support; declare to be true نگه داشتن، حفظ کردن، پشتیبانی کردن، اعلام کردن
2. **Snub:** treat coldly, scornfully, or with contempt; cold treatment به سردی رفتار کردن، بی حرمتی
3. **Endure:** last; keep on; undergo; bear; stand تحمل کردن
4. **Wrath:** very great anger; rage خشم، غضب
5. **Expose:** lay open; uncover; leave unprotected; show openly در معرض چیزی بودن، نشان دادن، آشکار کردن
6. **Legend:** story coming from the past, which many people have believed; what is written on a coin or below a picture افسانه، نوشته روی سکه، مدال یا عکس
7. **Ponder:** consider carefully تعمق کردن، اندیشیدن
8. **Resign:** give up; yield; submit استعفا دادن، واگذار کردن، تسلیم شدن
9. **Drastic:** acting with force or violence قوی، مؤثر، کارا
10. **Wharf:** platform built on the shore or out from the shore beside which ships can load or unload لنگرگاه
11. **Amend:** change for the better; correct; change اصلاح یا ترمیم کردن
12. **Ballot:** piece of paper used in voting; the whole number of votes cast; the method of secret voting; to vote or decide by using ballots رأی، رأی دادن

